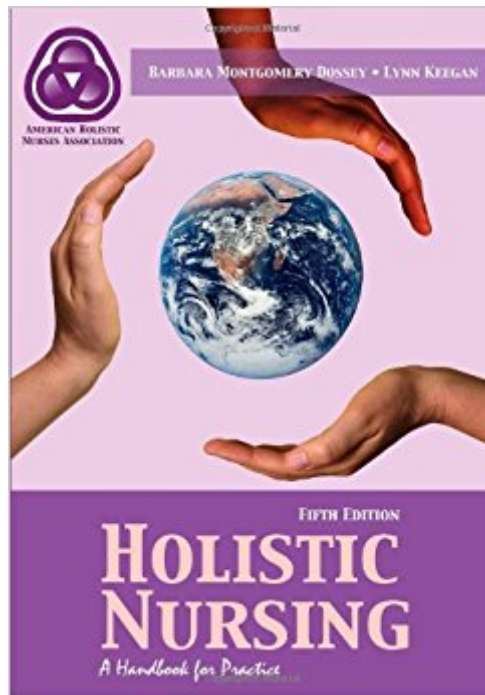




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# Holistic Nursing: A Handbook For Practice (Dossey, Holistic Nursing)



## Synopsis

Holistic Nursing: A Handbook for Practice guides nurses in the art and science of holistic nursing and offers ways of thinking, practicing, and responding to bring healing to the forefront of health care. Using self-assessments, relaxation, imagery nutrition, and exercise, it presents expanded strategies for enhancing psychophysiology. The Fifth Edition has been completely revised and updated with new chapters, including one on evidence-based practice.

## Book Information

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## Customer Reviews

This was a text book for a holistic nursing course I took two semesters ago and after the completion of the term I went back to the beginning and read any chapter that I hadn't already. I completely love this text, have utilized many resources mentioned, and will revisit its lessons in the future to further my skill of caring in all aspects of my life.

Excellent summaries of various types of alternative medicine and how it fits into the nursing paradigm of nursing. Identifies Rogers theory and discusses how alternative medicine is an integral nursing act.

I love this book & am in-text citing the authors and ideas in my PhD dissertation work! The book arrived in the condition as advertised -- and in a timely manner! Thank you! Julie Potter-Dunlop

If you want to become certified in Holistic Nursing, read this book. It breaks down all the modalities and is a great resource for any nurse wanting to learn more about the holistic nursing certification.

NICE

Am looking forward to getting into this to study for boards. I've used the other version as a reference and for ideas. The website and the workbook which has multiple questions should help me prepare adequately for the specialty certification exam. Holistic nursing is my passion. The theory and philosophy of the specialty is as with any profession is integral to the nurses work and his or her daily life. Holistic nursing is a way of being rather than a task list of things to do to a patient. ...a way of approaching the task list so that the patient feels respected and important.

I purchased this book as part of a course. It is a great resource of Nurses who find themselves in a changing health care system. This book presents ways for us to care for ourselves. Self care is a big missing piece for nurses. It also is a great teaching tool to use with our clients.

Fabulous and fantastic in every way! Such a great source of necessary information to better understand and implement Holistic Nursing into my daily and professional life. Peace & Blessings, Debra Marsch, BSN, RN

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